

**COUNTRY DOCTOR HERBALS LIVER GALLBLADDER
FLUSH 5 days cleanse**

8 ozs unsweetened 100% fruit juice

8 ozs purified water

1 freshly squeezed lemon or lime, your choice

Clove garlic, thumb nail size

Organic Virgin olive oil

1-inch minced ginger root

First day start with 1 clove of garlic and 1 tablespoon olive oil. Increase 2 clove garlic and 2 tablespoons olive oil the next day. Increase each day until the fifth day.

Blend all ingredients together and strain and drink.

**Drink flush 15 minutes before taking the COUNTRY DOCTOR
HP LIVER GALLBLADDER OR CDH LIVER GALLBLADDER**