

NEW WAVE THERAPY IMMUNE SUPPORT BOOSTER

Use with any Country Doctor Herbals Immune Support tincture or capsule

Wash and cut 4 lemons in half. Place lemon halves in pot of water. Bring water to a boil for 3 minutes. Remove from heat, cover and cook or steep the lemon water, for 15 minutes. Remove lemon halves and drain the lemon water. Add ½ teaspoon local organic honey, to taste.