

COUNTRY DOCTOR HERBALS KIDNEY BLADDER FLUSH 5 days cleanse

DO NOT MAKE AHEAD – lemon and lime will lose the effectiveness

1 lemon, wash and juiced

1 lime, wash and juiced

16 ozs to 32 ozs purified water

100% Maple syrup, to taste

5 dropperful Country Doctor HP Cayenne

Blend all ingredients together and drink. Drink flush 15 minutes before taking the **COUNTRY DOCTOR HP KIDNEY BLADDER & HP K/B or CDH KIDNEY BLADDER & CDH K/B**