

NEW WAVE THERAPY CARDIO SUPPORT FLUSH

Use with any Country Doctor Herbals cardiovascular Support tincture or capsule

1 gallon bottle purified water

8 lemons, wash rind and slice

8 cloves garlic, crushed

1- 1/2 inches fresh ginger, peeled and minced

Crush garlic and set aside. In food processor or blender place sliced lemons, minced ginger crushed garlic. Pulse until smooth and forms a paste. In saucepan add water and lemon paste, and warm over medium heat, just before it boils remove from heat. Drain lemon water and set aside to cool. Pour lemon water into glass jar or bottle with lid and store in the refrigerator. Drink daily on empty stomach, 2 hours before any meals.